Mrs. Douds is a lifelong Tarheel. She is a native of North Carolina. She is married to Dennis Douds, a graduate of the University of North Carolina. They have one child, Donald James (DJ), who was named after both grandfathers and great-grandfathers. DJ is a three sport athlete playing football, basketball and baseball so most of her free time is spent driving to and from practice. She loves spending time on the beach while listening to Classic Rock and 80's music on her ipod and reading the latest Harlan Coben thriller. She is a fan of the Tarheels and the Carolina Panthers. She is a graduate of Emmanuel College in Franklin Springs, Georgia and Methodist University in Fayetteville, North Carolina where she earned her Bachelor's Degree in Elementary Education. A fun fact about Mrs. Douds is that her favorite movies are Steel Magnolias and The Avengers.